

Pre-Start Steps Worksheet: **VIDEO ASSIGNMENT**

The Pre-Start steps are the steps we have our Driver's Ed student follow as they are approaching the vehicle, and preparing to drive.

As the student is walking towards the vehicle, they should have the keys in hand, and clicking unlock to identify the vehicle by lights, or number. Walking towards the car, a student should also be visually surveying the surrounding landscape, and the vehicle condition.

Tire conditions, tire angle, proximity to curb or other cars, any debris around the vehicle which might cause problem...

As the student enters the car, **the keys should go right into the ignition** and they may start the car right away. *At the same time*, they should **lock the door**.

Once they've entered the vehicle and started the car, they should first make adjustments to their seat.

- Knees should have slight bend, not too close to the dashboard, not too close...
- Right heel should be planted on the floor between pedals to pivot, left foot should be planted on left foot rest.
- Back of seat should be adjusted so when arms are extended, wrists can hang over the top of the steering wheel.

After seat is adjusted, mirrors can be adjusted.

- Side mirrors should show back door handles in the bottom inside corner of mirror, allowing for maximum range of visibility.
- Rearview mirror should frame as much of the rear window as possible.

After seat & mirror adjustment, students will put on their seat belt. Upon clicking the seat belt, the student is telling the instructor they are ready to go! When instructed, the student will press down the brake pedal and put the car into gear.

*Cars have a safety feature in which the vehicle will crawl forward unless the driver is applying the brake, or intentionally moving forward; insuring the driver is aware and in control.

Assignment:

Students will video themselves, in their home vehicle (or a friends) going through the pre-start steps. As short as possible, 15-30 seconds range.

If the video is in multiple parts, send them all.

Submit by email to Mr. McCabe dmccabe@d230.org

Due this sunday morning by 10 am, Jan. 17th